

Affiliated to the Welsh Athletics Association

NAME:-

ADDRESS:-

POST CODE

TELEPHONE NO:-

MOBILE NO.

EMAIL ADDRESS (Please complete if possible)

WELSH SPEAKER? YES
NO

Preferred contact method? Email Twitter
FaceBook

MALE FEMALE

DATE OF BIRTH CURRENT AGE

MAIN INTEREST IN JOINING CLUB:- Please tick all applicable

RUNNING NOVICE/BEGINNER SOCIAL

HOW DID YOU HEAR ABOUT SRR?

Medical Information: Please give details of any medical conditions that the Club should be aware of (e.g. Asthma, diabetes, epilepsy or any other relevant disability):

DO YOU WISH TO BE ACCEPTED AS A:-

1ST CLAIM MEMBER

2ND CLAIM MEMBER

Existing members:
Year first joined:
.....

SECOND CLAIM MEMBER - 1ST CLAIM CLUB

Note: - All membership fees include *Welsh Athletics (AWW) fee

*AAW Membership entitles individuals to discounted race entry fees, eligibility for team entry into applicable A.A.W. events and personal insurance protection - (for further details please contact committee member or www.sospanroadrunners.co.uk)

I ENCLOSE - SENIOR MEMBERSHIP FEE - £35.00

I ENCLOSE - JUNIOR MEMBERSHIP FEE - 12-15 Years £15.00

I ENCLOSE - OVER 65 MEMBERSHIP FEE - £25.00

TOTAL MONIES ENCLOSED - £ *

16 Years & above

*PAYMENT METHOD (please tick)
Cash
Bank Transfer (contact treasurer)
Cheque

Declaration:- I am an amateur as defined by the AAW laws. I agree to abide by the rules of the club and the A.A.W. Please see over for Data Protection info.
(Please Note:- A parent or guardian must sign for Junior members)

SIGNATURE:- DATE:-

Completed Form and Payment In An Envelope To:- Kris Williams (Membership Sec) Or To A Committee Member Who Will Pass On (Please make cheques payable to Sospan Road Runners)

SOSPAN ROAD RUNNERS - CLUB INFORMATION - Please retain

Club Base:- **Llanelli Cricket Club** Web Site **WWW.SOSPANROADRUNNERS.CO.UK**
 Contact 1 - email kriswilliams@gmx.co.uk Contact 2 - email kazdob31@yahoo.co.uk
 Contact 1 Tel. No. [Kris Williams \(07399568813\)](tel:07399568813) Contact 2 Tel. No. [Karen O'Brien \(07525945804\)](tel:07525945804)

CLUB MEETING TIME, VENUE & TRAINING INFORMATION

When	Where	What	SRR USE ONLY
Mondays 6:00pm	Cricket Club, Llanelli	Easy and gentle recovery - Running	Fee received: Y/N
Wednesday 6:00pm	Cricket Club, Llanelli	Ideal For Beginners shorter session	SRR database updated: Y/N
Thursdays 6:00pm	Cricket Club, Llanelli	Hills/Speed session + Jogging /	WAA Database updated: Y/N
Sat/Sundays	Various	Running Usually Longer Runs - see FB for details	Membership Ref: