

Sospan Road Runners And Power Walkers - Membership Form 2018/19



Affiliated to the Welsh Athletics Association

NAME:-

ADDRESS:-

POST CODE

TELEPHONE NO:-

MOBILE NO.

EMAIL ADDRESS (Please complete if possible)

WELSH SPEAKER? YES NO

Preferred contact method? Email FaceBook Twitter

MALE FEMALE

DATE OF BIRTH CURRENT AGE

HOW DID YOU HEAR ABOUT SRR?

MAIN INTEREST IN JOINING CLUB:- Please tick all applicable

RUNNING POWER WALKING SOCIAL

Medical Information: Please give details of any medical conditions that the Club should be aware of (e.g. Asthma, diabetes, epilepsy or any other relevant disability):

DO YOU WISH TO BE ACCEPTED AS A:-

1ST CLAIM MEMBER

2ND CLAIM MEMBER

Existing members: Year first joined:

SECOND CLAIM MEMBER - 1ST CLAIM CLUB

I WISH TO HAVE PERSONAL MEMBERSHIP TO THE W.A.A.* please tick if 'yes'

***A.A.W. Membership** entitles individuals to discounted race entry fees, eligibility for team entry into applicable A.A.W. events and personal insurance protection - (for further details please contact committee member or www.sospanroadrunners.co.uk)

I ENCLOSE - SENIOR MEMBERSHIP FEE - £30.00 £ 16 Years & above

I ENCLOSE - JUNIOR MEMBERSHIP FEE - £10.00 £ 12-15 Years

I ENCLOSE - OVER 65 MEMBERSHIP FEE - £20.00 £

I ENCLOSE - A.A.W. MEMBERSHIP FEE - ***nb: this is in addition to club subs** £17.50 £

TOTAL MONIES ENCLOSED - £

SRR Use Only

Fee Received: Y/N

WAA Fee: Y/N

WAA Database updated/Ref:

SRR database updated: Y/N

Declaration:- I am an amateur as defined by the AAW laws. I agree to abide by the rules of the club and the A.A.W. Please see over for Data Protection info. (Please Note:- A parent or guardian must sign for Junior members)

SIGNATURE:- DATE:-

Completed Form and Payment In An Envelope To:- Kris Williams (Membership Sec) Or To A Committee Member Who Will Pass On (Please make cheques payable to Sospan Road Runners)

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SOSPAN ROAD RUNNERS - CLUB INFORMATION - Please retain

Club Base:- **Llanelli Cricket Club** Web Site **WWW.SOSPANROADRUNNERS.CO.UK**

Contact 1 - email kriswilliams@gmx.co.uk Contact 2 - email kazdob31@yahoo.co.uk

Contact 1 Tel. No. **Kris Williams (07399568813)** Contact 2 Tel. No. **Karen O'Brien (07525945804)**

CLUB MEETING TIME, VENUE & TRAINING INFORMATION

When	Where	What
Mondays 6:00pm	Cricket Club, Llanelli	Easy and gentle recovery - Running Ideal For Beginners shorter session Hills/Speed session + Jogging / Running Usually Longer Runs - see FB for details
Wednesday 6:00pm	Cricket Club, Llanelli	
Thursdays 6:00pm	Cricket Club, Llanelli	
Sat/Sundays	Various	

When you become a member of or renew your membership with Sospan Road Runners, you can also chose to registered as a member of Welsh Athletics (you will have to register with WA if you ever